

DEPARTMENT OF PUBLIC HEALTH

TOBACCO USE REDUCTION NOW PROGRAM (TURN)
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For Immediate Release

Local colleges start quit smoking program

SAN BERNARDINO --- San Bernardino Valley (SBVCC) and Crafton Hills Colleges (CHC) have started helping their students quit smoking. The Young Adults Crushing Tobacco's Appeal Program (YACTAP) began working with them in 2002. YACTAP awarded the schools for their hard work.

Valley College started a quit smoking class. Staff member, Joan Harter added the class to a Drug and Alcohol Counselor Training program on campus. Fifteen students quit smoking.

CHC gives free quit smoking kits to students. Campus nurse, Judith Giacona, started a student group that helps people stop quit smoking. The group gave out over 150 quit kits. The group also worked to find out how students feel about making the school smoke free.

YACTAP helped the schools make outdoor smoking sections, and put up signs to remind students about a new law to help protect people from smoke. This law stops smoking

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within 20 feet of all doors and windows of public buildings in California. Many California colleges have rules about tobacco use that are stronger than state law.

YACTAP started in 2002 because more and more college students started smoking. The quit smoking class at Valley College is open to the public free of charge. To find out more, call TURN at 1-800-657-6653.

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